

Pop Quiz Bible Study

Idea: A Bible Study on *Girls* using quizzes adapted from *Seventeen Magazine*.

A 4 week study with these topics:

Week 1 What's Your Love Forecast?

- Your Love Language
- Why do we need Christ in order to love?

Week 2 How Romantic Are You?

- What is romance?
- Why do we desire a guy so much?

Week 3 Do You Play Mind Games?

- The importance of honesty in a girl's self-image.

Week 4 Is He Worthy of Your Affection?

- What are you giving your life to?

Week #1 What's Your Love Forecast?

Theme: The 5 Love Languages

Objective: For every girl to walk away with an understanding of their need for Christ and how they express and receive love.

1. Take quiz.

Note: Take the quiz together as a group. It is more fun and creates more community.

2. Tell about the coolest thing anyone has ever done for you. Whether it was a boyfriend, sibling, friend, etc. How did they show you love?

Note: Either partner the girls up or let them share with the group, depending on the size of the group.

3. What made what they did so special?

4. How do we show love to those we care about?

- There are 5 ways that we express or receive love. They are Quality Time, Acts of Service, Words of Encouragement, Physical Touch, and Gifts. Read a brief description of each.
- **Which one of these do you give love with?** (discuss)
Which of these do you receive love with? (discuss)

5. What is love?

I Cor. 13:4-8a (The Message)

Love never gives up. Love cares more for others than for self. Love doesn't want what it doesn't have. Love doesn't strut. Doesn't have a swelled head. Doesn't force itself on others. Isn't always "me first." Doesn't fly off the handle. Doesn't keep score of the sins of others. Doesn't revel when others grovel. Takes pleasure in the flowering of truth. Puts up with anything, trusts God always, always looks for the best, never looks back, but keeps going to the end. Love never dies.

6. Are you able to have all these characteristics when you love people? Why or why not?

- It's impossible to love people this way

7. If this is a description of love, why doesn't it always look like this?

John 15:4-5 (The Message)

Live in me. Make your home in me just as I do in you. In the same way that a branch can't bear grapes by itself but only by being joined to the vine, you can't bear fruit unless you are joined with me.

I am the Vine, you are the branches. When you're joined with me and I with you, the relation intimate and organic, the harvest is sure to be abundant. Separated, you can't produce a thing. Anyone who separates from me is deadwood, gathered up and thrown on the bonfire.

- We can do nothing apart from God. This includes loving people.

8. So what is the solution?

- Ask God to help us love others.

Note: I don't want to get too deep on this question. This is the first week of an investigative study. The purpose is to build their need for Christ and then share the gospel with them later.

9. Application - Knowing the way you show love to others, who can you show love to this week using your love language?

Week #2 How Romantic Are You?

Theme: Romance and love are every girl's desire and that desire comes from the Lord.

Objective: For every girl to walk away with an understanding that we (girls) have a natural desire to be loved unconditionally.

1. Take quiz.
2. Tell about the most creative, fun date you have ever been on.
3. Right now, I want you to partner up and on these notecards, design the perfect date activities. No cost is too great. The sky is the limit.

Note: Let the girls work on it for 5 minutes or so and then share with the group.

4. What do girls want out of a dating relationship?
 - love, security, friendship, marriage, etc.
5. What do guys want out of a dating relationship?
 - sex, arm candy, love, etc.
6. Why do girls desire love and security more so than guys do?
 - We are made differently
7. Who created romance?

Does the Bible have anything to say about romance?

Song of Solomon 1:1-4

Let him kiss me with the kisses of his mouth - for your love is more delightful than wine. Pleasing is the fragrance of your perfume; your name is like perfume poured out. No wonder the maidens love you! Take me away with you - let us hurry! Let the king bring me into his chambers.

Song of Solomon 2:3-4

Like an apple tree among the trees of the forest is my lover among the young men. I delight to sit in his shade, and his fruit is sweet to my

taste. He has taken me to the banquet hall, and his banner over me is love.

- God created romance
- He created us to desire romance

Genesis 2:18,20b-24

The Lord God said, "It is not good for the man to be alone. I will make a helper suitable for him." ...

But for Adam no suitable helper was found. So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and closed up the place with flesh. Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man. The man said, "This is now bone of my bones and flesh of my flesh; she shall be called woman, for she was taken out of man.

For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh.

8. Can humans love perfectly? Why not?

- As girls especially, we want to be loved 100% by a guy, but that is too much to ask of them. We learned last week that we need God's help to love people. He is the only one who can love us perfectly. He can love us in the way we want and need to be loved.

9. Think of a time when you expected something from a guy and were let down. Discuss.

10. Application - Have a conversation with God this week. Either talk to Him while you're driving or walking to class or write Him a letter. Ask Him to show you His love.

Week #3 Do You Play Mind Games?

Theme: The importance of honesty in our self-image.

Objective: For every girl to walk away with an understanding of how to be honest with herself, God and others.

1. Take quiz.
2. Tell about a time when you told the biggest lie you've ever told. What happened?
3. Have you ever been lied to? By whom? How did it make you feel? How did you handle the situation?
4. Why do we, as humans, lie?
 - we're scared
 - insecure
 - we want to impress others
5. We lie to others, but do we ever lie to ourselves? How?
 - we tell ourselves we're ugly, fat, stupid, no good, worthless
6. Why do we, as girls, do that?
 - we compare ourselves with others
 - maybe someone in our life has said these things about us
 - we put unreal expectations on ourselves
7. How does this way of thinking effect and hurt us?
 - we feel worthless, therefore we think no one could love us
 - we settle for less than the best

- We become obsessed with whatever it is we are insecure about. If it is looks, we go crazy with clothes and makeup.
- We look to guys to get the acceptance we want and need. We learned last week that guys cannot do that fully.

8. Does God care about a girl's self-image?

Prov. 31:25-31; 2 Cor. 6:18; Heb. 6:18; Is. 66:13, Ps. 139:13-14, Eph. 2:10

(Leader of this study, choose which verses you would like to use. Here are just some suggestions.)

9. So, what's the solution?

- to recognize that these are lies
- to know that Satan is the father of all lies

John 8:44b

He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.

10. What is the one lie that you believe about yourself?

Note: Have them write it down on an index card. If they feel comfortable, have them share with the group.

11. Application - On the same note card, write down Eph. 2:10 or another verse that spoke to them out of the study. Put it up on your mirror or in your car and when you are being hit with this lie, read the verse and ask God to fill your head with truth.

Week #4 Is He Worthy of Your Affection?

Theme: What are you giving your life to?

Objective: For every girl to walk away with an understanding that giving her life to earthly things is deadly.

- 1. Take quiz.**
- 2. If you were stranded on an island, what one person and two items would you take with you?**
- 3. If someone were to tell you that you had 3 days to live, what would you do in that time? Whatever it is, it is probably the most important thing to you.**
- 4. Do you ever question why you were put on this earth? I mean, why weren't you a plant or a star or something?**
 - These past 4 weeks, we have learned that we can only love because God loves us, He is the only one who can meet our needs, and that He created us exactly as He wants us to be. Now we are going to see that He made us for a purpose.
- 5. What is your purpose in life?**
- 6. Did Christ have a purpose on earth? How did He spend His last few days on earth?**
 - He completed the job God had Him to do

John 17:1-5

"Father, the time has come. Glorify your Son, that your Son may glorify you. For you granted him authority over all people that you might give eternal life to all those you have given him. Now this is eternal life: that they may know you, the only true God, and Jesus Christ, whom you have sent. I have brought you glory on earth by

completing the work you gave me to do. And now, Father, glorify me in your presence with the glory I had with you before the world began."

7. What does the Bible say our purpose is?

- Paul had a purpose with his life.
- Philippians 3:7-10

But whatever was to my profit, I now consider loss for the sake of Christ. What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ and be found in Him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ - the righteousness that comes from God and is by faith. I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death.

- **Share gospel through the Bridge**
- Our purpose is to know Christ and make Him known.

8. Is there anything holding you back from making this decision with your life?

9. Application - How are you going to respond to what you have heard today? Are you going to make the decision to follow Christ? I challenge you to pray and let Christ be the head of your life.